

RLS Logistics Refrigerated (33 Degrees) LTL Service Schedule

State	Ship Day for RLS NJ	Ship Day for RLS PA	LTL	
	Cold Storage Customers	Cold Storage Customers	Pick Up Day	Arrival Day
Alabama	Thurs. / Fri.	Weds. / Thurs. / Fri.		Mon. / Tues.
Arkansas	Thurs. / Fri.	Weds. / Thurs. / Fri.		Mon. / Tues.
Arizona		Service Starting Soon		
California		Service Starting Soon		
Colorado		Service Starting Soon		
Connecticut*	Tues.	Mon.	Mon/Tues. & Thurs. / Fri.	Thurs. / Fri.
Delaware*	Tues.	Mon.	Mon/Tues. & Thurs. / Fri.	Thurs. / Fri.
Florida	Thurs. / Fri.	Weds. / Thurs. / Fri.		Mon. / Tues.
Georgia	Thurs. / Fri.	Weds. / Thurs. / Fri.		Mon. / Tues.
Idaho		Service Starting Soon		
Illinois (Southern & Western)		Service Starting Soon		
Illinois (Chicago / Northern)		Service Starting Soon		
Indiana		Service Starting Soon		
Iowa		Service Starting Soon		
Kansas		Service Starting Soon		
Kentucky	Thurs. / Fri.	Weds. / Thurs. / Fri.		Mon. / Tues.
Louisiana	Thurs. / Fri.	Weds. / Thurs. / Fri.		Tues. / Weds.
Maine*	Tues.	Mon.	Thurs. / Fri.	Thurs. / Fri.
Maryland*	Tues.	Mon.	Mon/Tues. & Thurs. / Fri.	Thurs. / Fri.
Massachusetts*	Tues.	Mon.	Mon/Tues. & Thurs. / Fri.	Thurs. / Fri.
Michigan		Service Starting Soon		
Minnesota		Service Starting Soon		
Mississippi	Thurs. / Fri.	Weds. / Thurs. / Fri.		Mon. / Tues.
Missouri		Service Starting Soon		
Montana		Service Starting Soon		
Nebraska		Service Starting Soon		
Nevada		Service Starting Soon		
New Hampshire*	Tues.	Mon.	Thurs. / Fri.	Thurs. / Fri.
New Jersey*	Tues.	Mon.	Mon/Tues. & Thurs. / Fri.	Thurs. / Fri.
New Mexico		Service Starting Soon		
New York*	Tues.	Mon.	Mon/Tues. & Thurs. / Fri.	Thurs. / Fri.
North Carolina	Thurs. / Fri.	Weds. / Thurs. / Fri.		Mon. / Tues.
North Dakota		Service Starting Soon		
Ohio		Service Starting Soon		
Oklahoma	Thurs. / Fri.	Weds. / Thurs. / Fri.		Mon. / Tues.
Oregon		Service Starting Soon		
Pennsylvania*	Tues.	Mon.	Mon/Tues. & Thurs. / Fri.	Thurs. / Fri.
Rhode Island*	Tues.	Mon.	Mon/Tues. & Thurs. / Fri.	Thurs. / Fri.
South Carolina	Thurs. / Fri.	Weds. / Thurs. / Fri.		Mon. / Tues.
South Dakota		Service Starting Soon		
Tennessee	Thurs. / Fri.	Weds. / Thurs. / Fri.		Tues. / Weds.
Texas	Thurs. / Fri.	Weds. / Thurs. / Fri.		Tues. / Weds.
Utah		Service Starting Soon		
Vermont*	Tues.	Mon.	Thurs. / Fri.	Thurs. / Fri.
Virginia (Eastern)*	Tues.	Mon.	Mon/Tues. & Thurs. / Fri.	Thurs. / Fri.
Virginia (Western)	Thurs. / Fri.	Weds. / Thurs. / Fri.		Mon. / Tues.
Washington		Service Starting Soon		
Washington D.C.*	Tues.	Mon.	Mon/Tues. & Thurs. / Fri.	Thurs. / Fri.
West Virginia	Thurs. / Fri.	Weds. / Thurs. / Fri.		Weds. / Thurs.
Wisconsin (Western)		Service Starting Soon		
Wisconsin (Eastern)		Service Starting Soon		
Wyoming		Service Starting Soon		

Pick up and arrival day are based on weekly averages and are subject to change

*Please email dispatchnj@rlslogistics.com for city specific pick up and arrival day