

## RLS Logistics Refrigerated (34 Degrees) LTL Service Schedule

State	Ship Day for RLS NJ Cold Storage Customers	Ship Day for RLS PA Cold Storage Customers	LTL Pick Up Day	Arrival Day
ALABAMA	THURS / FRI	WED / THURS / FRI		MON / TUES
ARKANSAS	THURS / FRI	WED / THURS / FRI		MON / TUES
ARIZONA	THURS / FRI	WED / THURS / FRI		WED / THURS
CALIFORNIA	THURS / FRI	WED / THURS / FRI		THURS / FRI
COLORADO	THURS / FRI	WED / THURS / FRI		TUES / WED
CONNECTICUT*	THURS / FRI	WED / THURS / FRI	THURS / FRI	THURS / FRI
DELAWARE*	THURS / FRI	WED / THURS / FRI	THURS / FRI	THURS / FRI
FLORIDA	THURS / FRI	WED / THURS / FRI		MON / TUES
GEORGIA	THURS / FRI	WED / THURS / FRI		MON / TUES
IDAHO	THURS / FRI	WED / THURS / FRI		WED / THURS
ILLINOIS (SOUTHERN & WESTERN)	THURS / FRI	WED / THURS / FRI		MON / TUES
ILLINOIS (NORTHERN & CHICAGO)	MON	MON		THURS / FRI
INDIANA	MON	MON		WED / THURS
IOWA	THURS / FRI	WED / THURS / FRI		TUES / WED
KANSAS	THURS / FRI	WED / THURS / FRI		TUES / WED
KENTUCKY	THURS / FRI	WED / THURS / FRI		MON / TUES
LOUISIANA	THURS / FRI	WED / THURS / FRI		TUES / WED
MAINE*	THURS / FRI	WED / THURS / FRI	THURS / FRI	THURS / FRI
MARYLAND*	THURS / FRI	WED / THURS / FRI	THURS / FRI	THURS / FRI
MASSACHUSETTS*	THURS / FRI	WED / THURS / FRI	THURS / FRI	THURS / FRI
MICHIGAN	MON	MON		THURS / FRI
MINNESOTA	THURS / FRI	WED / THURS / FRI		WED / THURS
MISSISSIPPI	THURS / FRI	WED / THURS / FRI		MON / TUES
MISSOURI	THURS / FRI	WED / THURS / FRI		TUES / WED
MONTANA	THURS / FRI	WED / THURS / FRI		WED / THURS
NEBRASKA	THURS / FRI	WED / THURS / FRI		MON / TUES
NEVADA	THURS / FRI	WED / THURS / FRI		WED / THURS
NEW HAMPSHIRE*	THURS / FRI	WED / THURS / FRI	THURS / FRI	THURS / FRI
NEW JERSEY*	THURS / FRI	WED / THURS / FRI	THURS / FRI	THURS / FRI
NEW MEXICO	THURS / FRI	WED / THURS / FRI		TUES / WED
NEW YORK	THURS / FRI	WED / THURS / FRI	THURS / FRI	THURS / FRI
NORTH CAROLINA	THURS / FRI	WED / THURS / FRI		MON / TUES
NORTH DAKOTA	THURS / FRI	WED / THURS / FRI		TUES / WED
OHIO	MON	MON		WED / THURS
OKLAHOMA	THURS / FRI	WED / THURS / FRI		MON / TUES
OREGON	THURS / FRI	WED / THURS / FRI		THURS / FRI
PENNSYLVANIA*	THURS / FRI	WED / THURS / FRI	THURS / FRI	THURS / FRI
RHODE ISLAND*	THURS / FRI	WED / THURS / FRI	THURS / FRI	THURS / FRI
SOUTH CAROLINA	THURS / FRI	WED / THURS / FRI		MON / TUES
SOUTH DAKOTA	THURS / FRI	WED / THURS / FRI		TUES / WED
TENNESSEE	THURS / FRI	WED / THURS / FRI		TUES / WED
TEXAS	THURS / FRI	WED / THURS / FRI		TUES / WED
UTAH	THURS / FRI	WED / THURS / FRI		WED / THURS
VERMONT*	THURS / FRI	WED / THURS / FRI	THURS / FRI	THURS / FRI
VIRGINIA	THURS / FRI	WED / THURS / FRI	THURS / FRI	THURS / FRI
WASHINGTON	THURS / FRI	WED / THURS / FRI		THURS / FRI
WASHINGTON D.C.*	THURS / FRI	WED / THURS / FRI	THURS / FRI	THURS / FRI
WEST VIRGINIA	MON	MON		WED / THURS
WISCONSIN (WESTERN)	THURS / FRI	WED / THURS / FRI		TUES / WED
WISCONSIN (EASTERN)	MON	MON		THURS / FRI
WYOMING	THURS / FRI	WED / THURS / FRI		WED / THURS

Pickup Day and Arrival Day are Based on Weekly Averages and are Subject to Change

\*Please E-mail Dispatchnj@rlslogistics.com for City Specific Pickup and Arrival Day

Truck Reefer set to 34 Degrees